



**February 2023 Breakfast Menu K-5 \$1.25**  
**Elementary School Breakfast Menu**



Menu is subject to change.

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
|     |   | 1  | 2  | 3  |
|   |   | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fresh Fruit – 1 piece<br>Milk-8oz       | Chocolate Chip Muffin<br>w/ 4oz Yogurt<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fresh Fruit – 1 Piece<br>Milk-8oz |
| 6   | 7   | 8  | 9  | 10   |
| Assorted Cereal<br>-----<br>Juice Cup 4oz<br>NYS Apples -1 Piece<br>Milk-8oz        | Blueberry Muffin<br>w/4oz Yogurt<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk -8oz | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fresh Fruit – 1 piece<br>Milk-8oz       | Cinnamon Toast<br>Filled Bar<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz           | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>NYS Apples -1 Piece<br>Milk-8oz   |
| 13  | 14  | 15   | 16   | 17   |
| Assorted Cereal<br>-----<br>Juice Cup 4oz<br>NYS Apples -1 Piece<br>Milk-8oz        | Cinnamon Roll<br>-----<br>Juice Cup 4oz<br>Fresh Fruit – 1 Piece<br>Milk-8oz          | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz                  | Mini Blueberry<br>Waffles<br>-----<br>Juice Cup 4oz<br>NYS Apples – 1 Piece<br>Milk -8oz   | Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz            |
| NO SCHOOL - MID-WINTER RECESS   |   |  |  |  |
|  |   |  |  |  |
| 27  | 28  |  |  |  |
| Assorted Cereal<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz                 | Cinna Minis<br>-----<br>Juice Cup 4oz<br>Fruit 1/2c<br>Milk-8oz                       |  |  |  |

**NYS LOCAL FOODS**

\*Upstate Farms Dairy  
milk and yogurt

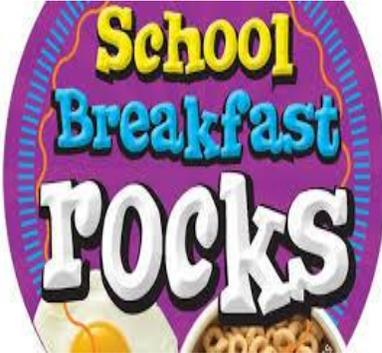
\*LynOaken Farms Apples

\*Local Farms Fruit

**Breakfast Menu**

**Bagel w/Butter Served**

**Daily**



**Offered daily**

**with all School Breakfast:**

**Fresh or Prepared Fruit**

(Must take 1/2 cup of Fruit – may take up to 1 cup)

**NY State Non or Low Fat White Milk  
8oz**

This institution is an equal opportunity provider and employer.